Studying Astrology

Putting Saturn & Jupiter to work

And what, Socrates, is the food of the soul? Surely, I said, knowledge is the food of the soul.

~Plato~

he study of Astrology dates back to early civilization when humans first looked to the heavens as the origin of knowledge. The cycles of the Sun, Moon, stars and planets were the heavenly writing that spelt out this knowledge and humans have dedicated themselves to deciphering their meaning ever since. Astrology is the result of our need to know and make sense of the world we live in and this knowledge has been articulated, refined, added to, assimilated, discussed, analyzed, revised and applied over 10 millennia and a myriad of civilizations.

Today, in the 21st century, in the digital age of instant communication and accessible information, how valid is the study of Astrology? Do the principles still hold true or is it out-dates, archaic and irrelevant?

Astrology is the precursor of what we today know as Astronomy. Indeed the terms astrology and astronomy were used interchangeably until about the 17th – 18th century. Humanity's need to find meaning in the world prompted early civilizations to look up to the skies. There they discovered the stars and other heavenly bodies which over time, were observed and whose movements were recorded and then applied to daily life. The most common application of this knowledge was (and still is) for time-keeping. Later, the passage of larger segments of time was measured by the yearly movement of the Sun and the planets. These were instrumental in the construction of calendars which were essential to the maintenance of religious and civic rituals and ceremonies. They also served as markers for the recording of events such as the death of a king, an important battle or the fall of a city. Time, is one of the integral components of Astrology. Astrology deals in time and also provides an understanding both of the objective concept and structure of time through the movement of the planets as well as its subjective meaning i. e. whether these times are difficult or easy.

Astrology can help with awareness and confidence provided the individual takes responsibility for their lives. Circumstances cannot be avoided or altered but responses can. According to Nicholas Campion, well known astrologer and historian:

"Central to astrology is the curious nature of time. Astrology assumes that time is not just a matter of quantity (measuring hours, minutes and seconds) but quality: certain times may be tense, while others may be relaxed. This is not such a startling notion and is derived from the basic human experience that time seems to pass at different speeds according to one's moods This is 'subjective' time based on experience, as opposed to 'objective' time of fixed hours, minutes and seconds."

Astrology is a combination of Art and Science. The Science involved covers the understanding of the principles of celestial geometry and their application in the construction of a horoscope whereas the Art is the interpretation of the planetary positions as they apply to life.

One of the on-going criticisms of Astrology is the lack of 'scientific' proof and therefore most definitions of Astrology in dictionaries, encyclopedias and other reference books are prefaced with the words 'supposed' and 'reputed'.

The study of Astrology provides the individual with the tools to understand and interpret the combination of planetary positions and as such be able to forecast the difficult times but more importantly identify how each individual may react as well as how they can best deal with the challenges that are raised.

Astrology as it is practiced today is not magical, religious, secret, supernatural or mystical. It is a combination of philosophy and science, with definite rules and specific techniques. It is also an art where perception and skill play their part. The study of Astrology on a serious level requires time and commitment. It requires self-control, common sense and application. In short, the study of astrology is an experience in hard work and commitment rather than psychic ability.

Astrology does not stop life from happening. There will still be times when we are challenged, have to face crisis and need to undertake change. Astrology can help with awareness and confidence provided the individual takes responsibility for their lives. Circumstances cannot be avoided or altered but responses can.

If you are serious about Astrology, we can help you realise your goals through our courses. See what others have to say:

Beyond the technical soundness, what I really appreciated was the strong ethical foundation of the training at Astro Mundi. **Michael**

If you are looking for an Astrological Course that delivers knowledge in a direct, concise manner, look no further than Astro Mundi... Joy and Mari's dedication to their students is exemplary thereby allowing students to achieve their goals. Kathy

Learning with Astro Mundi was a complete joy and great fun. Mari and Joy have an enthusiasm and passion for astrology that comes through in their teaching. Their depth of knowledge ensured that as a student I was given a firm foundation upon which to build my learning. Now that I attend conferences myself, I am yet to come across one single tool or approach to astrology which I had not already, through Astro Mundi, been introduced to. I thoroughly recommend their courses. Ann

If you really want to learn this craft properly, thoroughly, from the ground up in a way that it really makes sense, so that by the end you feel like a professional then I recommend Astro Mundi. The teachers are always willing to help, and their passion for this wonderful craft really comes through in their teachings. I'd recommend this course to anyone who is wanting to be a serious astrologer and I think there should be more astrologers with this kind of training. Sonia

Having had the exposure to and the privilege of listening to many nationally and internationally recognised speakers/lecturers over the years, I have no doubt Mari and Joy are up there among the finest of them. They are two of the finest teachers I've had, and I've had lots in medical and law schools! **Wendy**

Astro Mundi is a unique School of Astrology as it provides the necessary tools and techniques, a focus on oral and written tests and step by step procedures to help you understand natal charts, trends, events, transits and lunation cycles. **Trudy**

Astro Mundi not only provides a structured and disciplined way to further this interest. I look forward to the weekly lectures as they are fun and light-hearted, but also comprehensive. Mari and Joy are passionate lecturers and are very patient teachers of astrology. Craig